

Colonoscopy Preparation Instructions

SEVEN DAYS PRIOR TO EXAM

Stop any iron preparation.
Stop aspirin, NSAID, and blood thinners.

IMPORTANT POINTS

Purchase the following medicines:
Two dose of Coloprep Solution of 45 ml each from Aga Khan or OMI Pharmacy.
Two tablets of Lexobran
Sedation will be used during the procedure so bring someone along to drive you home.
On the day of examination take all your pills with sips of water except diuretic and diabetic pills.

DIET MODIFICATIONS

Drink only clear fluids from 24 hours before colonoscopy. No solid food, milk or milk products should be taken.
Clear fluids include Water, clear fruit juices (apple, grape, orange etc), 7-Up, Sprite, Bubbleup, tea, and coffee (without milk).

DRUGS

36 hours before colonoscopy take 2 tablets of Lexobran
24 hours before colonoscopy Mix 45 ml of Coloprep solution with 500 ml of mineral water. Finish drinking this solution within 15 minutes.
If you feel nauseating, walk for few minutes.
Clear fluids could be taken as desired.
12 hours before colonoscopy take the second dose of Coloprep solution as taken earlier within 15 minutes.

NOTHING MY MOUTH

Nothing orally is allowed 4 hours prior of examination.

TEST RESULTS

Preliminary results will be discussed with you after procedure.
If biopsies are taken, the results will be discussed with you at the follow up visit usually 10-14 days later.